

Fremont Family YMCA

Indoor Jr. Tennis Championships (Fall)

November 14-15-2008



Where: Fremont Family YMCA 810 N. Lincoln Ave Fremont NE 68025

When: Friday and Saturday, November 14 and 15, 2008

Who: Any unranked junior tennis player who is looking for a time of fun, fellowship and tennis. The tennis is designed for those who need more on court playing experience. This is **NOT** a sanctioned event through the USTA, so it will not provide any points toward a ranking. Players interested in this event should read over the Junior National Tennis Rating Program scale to determine which day (category) to play in. Sincere self-evaluation is important in making the experience most beneficial.

Schedule of Play: Friday, November 14 – 2.5 and 3.0 JNTRP – 6-9 p.m.
Saturday, November 15 – 3.5 and 4.0 JNTRP – 2-5 p.m.

Kids will play a round robin format including all players registered for that day.

Cost: \$12.00 Fremont Family YMCA Members, \$16.00 non FFY members
Checks may be payable to Fremont Family YMCA

Y's Paid registrations must be received by Saturday, November 8, 2008 – 6 p.m.

**WOMEN
CLUB**

JNTRP CATEGORIES:

1.5 You have limited experience and are working primarily on getting the ball in play.



2.5 You lack court experience and your strokes need development.

You are familiar with basic positions for singles and doubles.

3.0 You are fairly consistent when hitting medium paced shots but are not comfortable with all strokes and lack execution when trying for directional control, depth or power. Your most common doubles formation is one up-and one back.

3.5 You have achieved improved stroked dependability with directional control on moderate shots, but need to develop depth and variety. You exhibit more aggressive net play, have improved court coverage and are developing teamwork in doubles.

4.0 You have dependable strokes, including directional control and depth on both forehand and backhand sides on moderate-paced shots. You can use lobs, overheads, approach shots, and volleys with some success and occasionally force errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.

4.5 You have developed your use of power and spin and can handle pace. You have sound footwork, can control depth of shots, and attempt to vary game plan according to your opponents. You can hit first serves with power and accuracy and place the second serve. You tend to over hit on difficult shots. Aggressive net play is evident in doubles.

FREMONT FAMILY YMCA Indoor Junior Tennis Championships

Name _____ Phone _____ Age _____

Address (street, city, state, zip) _____

Date of Birth (day, month, year) _____ JNTRP level _____ FFY members? Yes No

Parent's name _____

PARENTS – A Parent/Guardian Release and Indemnification Form must be signed before your child is allowed to participate in this program. These forms are available at the Fremont Family YMCA's front desk. Please sign one when you turn in this registration.

FOR OFFICE USE ONLY - \$12 for Fremont Family YMCA members; \$16 for non-members

Amount Pd. _____ Date Pd. _____ Receipt # _____ By _____

Fremont Family YMCA

Indoor Spring Jr. Tennis Championships

April 11 and 12, 2008



Where: Fremont Family YMCA 810 N. Lincoln Ave Fremont NE 68025

When: Friday and Saturday, April 11 and 12, 2008

Who: Any unranked junior tennis player who is looking for a time of fun, fellowship and tennis. The tennis is designed for those who need more on court playing experience. This is **NOT** a sanctioned event through the USTA, so it will not provide any points toward a ranking. Players interested in this event should read over the Junior National Tennis Rating Program scale to determine which day (category) to play in. Sincere self-evaluation is important in making the experience most beneficial.

Schedule of Play: Friday, April 11 – 2.5 and 3.0 JNTRP – 6-9 p.m.
Saturday, April 12 – 3.5 and 4.0 JNTRP – 2-5 p.m.

Kids will play a round robin format including all players registered for that day.

Cost: \$10.00 Fremont Family YMCA Members, \$13.00 non FFY members
Checks may be payable to Fremont Family YMCA

Paid registrations must be received by Sunday, April 6, 2008 – 8 p.m.

JNTRP CATEGORIES:

1.5 You have limited experience and are working primarily on getting the ball in play.



2.5 You lack court experience and your strokes need development.

You are familiar with basic positions for singles and doubles.

3.0 You are fairly consistent when hitting medium paced shots but are not comfortable with all strokes and lack execution when trying for directional control, depth or power. Your most common doubles formation is one up-and one back.

3.5 You have achieved improved stroked dependability with directional control on moderate shots, but need to develop depth and variety. You exhibit more aggressive net play, have improved court coverage and are developing teamwork in doubles.

4.0 You have dependable strokes, including directional control and depth on both forehand and backhand sides on moderate-paced shots. You can use lobs, overheads, approach shots, and volleys with some success and occasionally force errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.

4.5 You have developed your use of power and spin and can handle pace. You have sound footwork, can control depth of shots, and attempt to vary game plan according to your opponents. You can hit first serves with power and accuracy and place the second serve. You tend to over hit on difficult shots. Aggressive net play is evident in doubles.

FREMONT FAMILY YMCA Indoor Spring Junior Tennis Championships

Name _____ Phone _____ Age _____

Address (street, city, state, zip) _____

Parent's name _____ FFY member? Yes No

Date of Birth (day, month, year) _____ JNTRP level _____

PARENTS – A Parent/Guardian Release and Indemnification Form must be signed before your child is allowed to participate in this program. These forms are available at the Fremont Family YMCA's front desk. Please sign one when you turn in this registration.

FOR OFFICE USE ONLY - \$10 for Fremont Family YMCA members; \$13 for non-members

Amount Pd. _____ Date Pd. _____ Receipt # _____ By _____